



Rooted in Grace Foundation delivers health-supported housing and integrated care. By addressing stability first, families can engage meaningfully in care, strengthen their parenting capacity, and build sustainable independence.



WHO WE SERVE

We support individuals and families facing barriers related to:

- Pregnancy and parenting
- Substance use and recovery
- Housing instability or homelessness
- Behavioral and mental health needs
- Social health needs
- Justice system involvement

Services are trauma-informed, culturally responsive, and available in English and Spanish.

CORE SERVICES

Integrated & Behavioral Health Care

- Integrated health care support and care coordination
- Medication-Assisted Treatment (MAT) support and referrals
- Behavioral health support, screening, and care coordination
- Help navigating AHCCS and other health coverage

Call or Text for Health Services:
480.487.2307

Health + Home Housing Services

At The Lily House and Preston Place, we create small-scale, trauma-informed residential communities where pregnant and parenting women and their children can heal, stabilize, and build long-term well-being. Services include:

- Safe, Stable Housing
- Integrated Behavioral Health & Recovery Support
- Family Strengthening & Parenting Support
- Workforce & Economic Stability
- Early Childhood Development

Call or Text for Housing Services:
602.879.3392

ADDITIONAL SERVICES



Maternal, Infant & Family Support

- Prenatal and postpartum support
- Doula services (prenatal, birth, and postnatal)
- Parenting education (Triple P Parenting Program)
- Family reunification and child welfare support
- Childcare support during appointments and programming (availability varies)



Peer Support & Recovery Services

- Peer mentors with lived experience
- Recovery planning and relapse prevention
- Support groups and community-building activities
- Harm reduction education and overdose prevention resources



Food & Nutrition Support (SNAP)

- Help applying for and renewing SNAP benefits
- Nutrition education and budgeting on a SNAP budget
- Healthy meal planning and grocery guidance
- Help submitting documents and communicating with DES



Workforce & Life Skills Development

- Job readiness and employment support
- Resume building and interview preparation
- Financial literacy and budgeting classes
- Training and workforce pathways (select programs)



Legal & Advocacy Support

- Referrals and coordination with legal partners
- Support related to custody, documentation, and benefits
- Advocacy for individuals harmed by system failures or fraud



Transportation & Practical Support

- Transportation assistance for medical, behavioral health, legal, and employment appointments (as available)
- Help accessing phones, computers, printers, and scanners

WHAT YOU CAN EXPECT

- Respectful, nonjudgmental care
- Confidential services
- Support focused on your goals and strengths
- Help navigating complex systems
- A team that works *with you*, not *just for you*

GET STARTED



Call or Text:

General Information: **623.288.9843**

Health Services: **480.487.2307**

Housing Services: **602.879.3392**



Visit Our Clinic:

5040 N 15th Ave, Ste 107

Phoenix, AZ 85015



Rooted in Grace

Foundation

rootedgraceaz.org